



NTC

NEBRASKA TRANSITION COLLEGE

LEARNING. WORKING. LIVING.

Helping schools
empower individuals
with Autism and
other disabilities.



We are an authorized secondary school service provider.

Our catalog of courses are available to students starting their senior year as well as participating in a school district's 18-21 transition program.

WHAT IS OUR MISSION?

Nebraska Transition College's mission is to serve individuals who have an Autism Spectrum Disorder or other disability and empower them to live independently through employment and community support systems. Our curriculum is a bridge to that "next step" for students as they contemplate what comes after high school.

WE SUPPLEMENT YOUR PROGRAMS.

As a secondary school service provider, we can begin offering our catalog of courses to students starting their senior year and continue through age 21 if they participate in the 18-21 transition program. Our curriculum is specifically designed to support transition goals and the Measurable Post-Secondary Goals (MPSG) schools already have in place.

A PARENT'S PERSPECTIVE

My daughter, Anna, has always been a student that straddles both worlds between general and special education.

NTC's executive director invited Anna to participate in an introductory course at the end of her senior year. My daughter finally feels like she has found a perfect place just for her. Thank you!!!

Sarah Dimon

WHO ARE OUR STUDENTS?

What does our typical student look like?

- As a service provider, we begin serving students when they start their senior year – typically 17 or 18 years old. While there is no upper age limit, our entire student body is typically between 17–25 years old.
- Some students drive, some have a part time job, some have already graduated from high school and are taking courses from a community or four-year college.
- Students typically take 1–3 courses per quarter.
- Our students would describe themselves as "high functioning" and typically live with their families. They are motivated to develop needed skills to reach their goals, including living independently.





WHAT TOPICS ARE INCLUDED IN OUR CURRICULUM?

NTC assists those with autism and other disabilities to be better prepared to take the next step towards an independent life of their choice.

Our comprehensive curriculum is delivered online and in classrooms located throughout the community. Our curriculum areas include Wellness, Social Relationships, Vocational and Pre-vocational Skills, Community Navigation, Civic Responsibility, and Residential Living. Class size is 6-15 students.

WELLNESS

Develops skills to enhance physical and emotional well-being as well as improving resiliency.

SOCIAL RELATIONSHIPS

Covers inference, love, regular business interactions, solidarity, and other types of social commitments.

VOCATIONAL & PRE-VOCATIONAL

Focuses on developing employability skills, job-readiness, and career choices that align with student interest and the development of natural employer supports.

COMMUNITY NAVIGATION

Familiarizes student with the various options available for navigating the community and explores the connections to services and groups necessary to improve well-being and interdependence.


CIVIC RESPONSIBILITY

Explains basic legal information, what it means to vote, ways to volunteer, why all are important and how to make a difference.

RESIDENTIAL LIVING

Teaches students about shared and private spaces while living in an inclusive, integrated apartment with other NTC roommates. Readiness assessment required.

LEARN MORE ABOUT ENGAGING NTC AS A SERVICE PROVIDER!

If you are interested in exploring service [NTC](#) as service provider for students in your school district, please contact us at 402-413-5627  or send an email to info@NebraskaTransitionCollege.org. We will be happy to answer questions about cost, curriculum, instruction, and the application process.

NEBRASKA TRANSITION COLLEGE COURSE LISTING

FIRST YEAR

- Etiquette 101
- Exploring Relationships
- Social Skills 1
- Social Skills 2
- Unlocking Your Best Self
- Technology Safety

This "Starter Pack" of courses is open to high school seniors, those in school transition programs and students who self enroll.

- Job Seeking & Keeping
- Health Literacy
- The Interview
- Money Matters 1
- Public Transportation

SECOND YEAR

- Self-Advocacy
- Recreation Exploration
- Career Exploration & Development
- Consumer Exploration
- Planning Your First Home
- Nutrition & Exercise 1
- Bridges to Your Community
- Managing Your First Home
- Healthy Romantic Relationships

THIRD YEAR

- Nutrition & Exercise 2
- Social & Recreation Planning Practicum
- Money Matters 2
- Community Engagement
- Independent Living Assessment & Practicum 1
- Insurance Basics
- Legal & the Unexpected
- Independent Living Assessment & Practicum 2
- Moving Out of Your First Apartment & Practicum

CURRICULUM AREAS

- Wellness
- Community Navigation
- Social Relationships
- Civic Responsibility
- Vocational & Pre-vocational
- Residential Living

For detailed course descriptions, please view our catalog at NebraskaTransitionCollege.org/Classes



A PARENT'S PERSPECTIVE

I am the mother of a son with autism. My son finished high school, completed the school district's transition program and worked part time. However, he struggled to meet people, and establish and maintain appropriate friendships.

He finally decided to try a class at NTC. After the first class he told me, "The students are interested in many of the same things I am!" He now has friendships with fellow students.

I am so pleased that my son finally has an opportunity to meet others who share his interests and understand the social challenges of someone on the autism spectrum.

Dee Saari



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NebraskaTransitionCollege.org

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