NTC

NEBRASKA TRANSITION COLLEGE

LEARNING. WORKING. LIVING.

Empowering individuals with Autism and other disabilities.

WHAT IS OUR PURPOSE?

Nebraska Transition College's mission is to serve individuals who have an Autism Spectrum Disorder or other disabilities and empower them to live independently through employment and community support systems.

For many students with learning disabilities, after completing high school or their school's transition program, there has been no clear "next step."

Now Nebraska Transition College (NTC) offers a bridge teaching young adults how to use the abilities and skills they already have to make a living, go to college, live on their own or with a roommate, or help them learn what's not yet been mastered.

A PARENT'S PERSPECTIVE

My daughter, Anna, has always been a student that straddles both worlds between general and special education. NTC's executive director invited Anna to participate in "Nebraska Transition Connections" at the end of her senior year. My daughter finally feels like she has found a perfect place just for her. Thank you!!!

Sarah Dimon

WHO ARE OUR STUDENTS?

What does our typical student look like?

- Our students have graduated high school and have a verified disability. There is not an upper age limit, but most of our students are between 18-25 years old.
- Some students drive, some have a part time job, some are taking courses from a community or four-year college.
- Students may have just finished high school and plan to take a full course load at NTC. Others are taking 1-2 NTC courses while continuing work and/or take other classes.
- Our students would describe themselves as "high-functioning" and typically live with their family. They are motivated to develop needed skills to reach their goals, including living independently.

WHAT TOPICS ARE INCLUDED IN OUR CURRICULUM?

NTC assists those with autism and other disabilities be better prepared to take the next step towards an independent life of their choice.

Our comprehensive curriculum is delivered online and in classrooms located throughout the community. Our curriculum areas include Wellness, Social Relationships, Vocational and Pre-vocational Skills, Community Navigation, Civic Responsibility, and Residential Living. Class size is 6-15 students.

WELLNESS

Develops skills to enhance physical and emotional well-being as well as improving resiliency.

SOCIAL RELATIONSHIPS

Covers inference, love, solidarity, regular business interactions and other types of social commitments.

COMMUNITY NAVIGATION

Familiarizes student with the various options available for navigating the community and explores the connections to services and groups necessary to improve well-being and interdependence.

CIVIC RESPONSIBILITY

Explains basic legal information, what it means to vote, ways to volunteer, why all are important and how to make a difference.

VOCATIONAL & PRE-VOCATIONAL

Focuses on developing employability skills, job-readiness, and career choices that align with student interest and the development of natural employer supports.

RESIDENTIAL LIVING

Teaches students about shared and private spaces while living in an inclusive, integrated apartment with other NTC roommates. Readiness assessment required.

WHAT ARE THE NEXT STEPS?

Before registering for classes, complete a free Nebraska Transition College Application. Once accepted, students have three years to begin classes. Visit NebraskaTransitionCollege.org call 402-413-5627 Google Voice or send an email to info@NebraskaTransitionCollege.org to learn more.

NEBRASKA TRANSITION COLLEGE COURSE LISTING

● Wellness ● Relationships ● Vocational ● Community ● Civic Resposibility ● Residential Living

For detailed course descriptions, please view our catalog at NebraskaTransitionCollege.org/Classes

FIRST YEAR

- Etiquette 101
- Social Skills 1
- Job Seeking & Keeping
- Health Literacy
- Social Skills 2
- The Interview
- Unlocking Your Best Self
- Technology Safety
- Money Matters 1
- Public Transportation

SECOND YEAR

- Self-Advocacy
- Recreation Exploration
- Career Exploration & Development
- Exploring Relationships
- Consumer Exploration
- Planning Your First Home
- Nutrition & Exercise 1
- Bridges to Your Community
- Managing Your First Home
- Healthy Romantic Relationships

THIRD YEAR

- Nutrition & Exercise 2
- Social & Recreation Planning Practicum
- Money Matters 2
- Community Engagement
- Independent Living Assessment & Practicum 1
- Insurance Basics
- Legal & the Unexpected
- Independent Living Assessment & Practicum 2
- Moving Out of Your First Home & Practicum

A STUDENT'S PERSPECTIVE

Nebraska Transition College's support and courses provided me with additional skills and courage.

I now work as a para educator at a school helping students whose experiences I remember very well. I've also joined NTC's board of directors!

Jake Dwinell

A PARENT'S PERSPECTIVE

I am the mother of a 22-year-old son with autism. My son finished high school, completed the school district's transition program and worked part time. However, he struggled to meet people, and establish and maintain appropriate friendships.

He finally decided to try a class at NTC. After the first class he told me, "the students are interested in many of the same things I am!" He is now has friendships with fellow students.

I am so pleased that my son finally has an opportunity to meet others who share his interests and understand the social challenges of someone on the autism spectrum.

Dee Saari

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